

ST MARYS RC PRIMARY SCHOOL
PRAYER BOOK



EYFS AND KEY STAGE 1

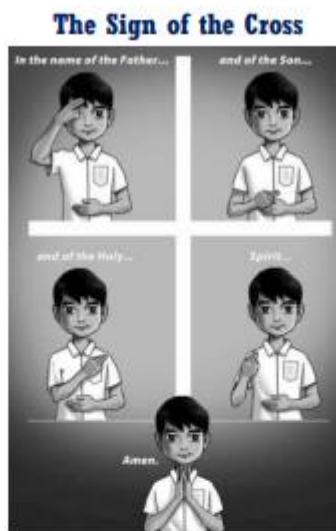
The following prayers should be read and learnt by heart by the end of Key Stage 1.



*From
my head to
my heart*

*From
my shoulder
to my shoulder*

*I believe in you
O God,
my father*



We make this sign for two main reasons.

1. We want to make the sign of Jesus' Cross over us. This shows us that He loved us so much by dying on the Cross for us.
When Jesus died on the Cross, He took all our sins on Him.
Through Jesus' death on the Cross, we have our sins forgiven.
2. We bless ourselves in the name of the Trinity:
 - God the Father who created;
 - God the Son who came as a human being to die on the Cross for us;
 - God the Holy Spirit whose presence and power lives in us.

We shouldn't be careless when we make this special sign on ourselves.

We should think about God's love for us.

We should remember that God is within us – that He is always with us.

Prayers we say in school during the day

Grace Before Meals:

Bless us O Lord as we sit together

Bless the food we eat today

Bless the hands that made the food Amen.

Bless us O Lord. Amen

Night Prayer:

God Our Father, I come to say

Thank you for your love today

Thank you for my family

And all the friends you give to me.

Guard me in the dark of night

And in the morning send your light.

Amen

Grace After Meals:

We give you thanks, Almighty God, for all your benefits, who live
and reign, world without end.

Amen

Glory Be

Glory be to the Father,
And to the Son,
And to the Holy Spirit
As it was in the beginning
Is now and ever shall be world without end



The Glory Prayer is a prayer of praise.

We praise God just because He is God.

He has always been there and He always will be.

This Prayer helps us to say: "God – thank you for being you!"

And God is a God of love.

The Lord's Prayer

Our Father
Who art in Heaven
Hallowed by thy Name
Thy Kingdom come
Thy Will be done on Earth as it is in Heaven
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us
and lead us not into temptation
but deliver us from evil
Amen.

Hail Mary



Hail Mary, full of grace,

the Lord is with thee.

Blessed are thou amongst women

and blessed is the fruit of the womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now

and at the hour of our death.

KEY STAGE 2

The following prayers should be read and learnt by heart in addition to those learnt at Key Stage 1.

Act of Contrition

O my God,

because you are so good

I am very sorry that I have sinned against you

and by the help of your grace,

I will not sin again.

Amen.

The Apostles' Creed

I believe in God, the Father almighty

Creator of heaven and earth,

and in Jesus Christ, his only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate, was crucified,
died and was buried;

he descended into hell;

on the third day he rose again from the dead;

he ascended into heaven,

and is seated at the right hand of God the
Father almighty;

from there he will come to judge the living
and the dead.

I believe in the Holy Spirit, the holy catholic
Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body, and life
everlasting. Amen.

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.
R. And kindle in them the fire of your love.
V. Send forth your Spirit and they shall be created.
R. And you will renew the face of the earth.
Let us pray O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.
Amen.

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly, love you more dearly,
and follow you more nearly, day by day.

Amen.

The Rosary

For each mystery or decade, one Our Father, ten Hail Marys
and the Glory be is recited.

The Magnificat

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.
For the Almighty has done great things for me,
and holy is his name.
His mercy is from age to age for those who fear him.
He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
and has exalted those who are lowly.
He has filled the hungry with good things,
and has sent the rich away empty.
He has helped his servant Israel,
mindful of his mercy,

Act of Faith

The Magnificat (Continued)

even as he promised to our fathers,
to Abraham and his descendants for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.

Amen.

My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.

Act of Hope

My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.

Morning Offering

O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart

Act of Love

My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.