

Physical Education

CURRICULUM OVERVIEW 26/27

EYFS/KS1

Term	Autumn		Spring		Summer	
<u>Reception/ Class 1</u>	Gross Motor Skills ELG Children at the expected level of development will: - Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. MS					
	Fine Motor Skills ELG Children at the expected level of development will: - Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases; - Use a range of small tools, including scissors, paint brushes and cutlery; - Begin to show accuracy and care when drawing.					
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	FMS Superworm	FMS Transport	FMS Rosie's Walk	FMS Jack and the Beanstalk	FMS Seaside	EYFS FMS
	Forest School	Forest School	Forest School	Forest School	Forest School	Forest School
<u>Year 1</u>	Gymnastics core task 1	FMS Underarm Throw	Dance – Toy Story	FMS Rolling a ball	Athletics	FMS Bouncing and catching a ball
	Forest School	FMS Baseline-Supertato	Forest School	Gymnastics core task 2	Forest School	FMS Tri Throlf
	Unit 1&2	Unit 3&4	Unit 5&6	Unit 7&8	Unit 9&10	Unit 11&12
<u>Class 2</u>	FMS Kicking	Gymnastics	Dance	Invasion Games – Piggy on the Middle	OAA	Athletics
	FMS – Bouncing a ball	Forest School	FMS – Overarm throw	Forest School	Games – Net and wall	Forest School

Physical Education						
CURRICULUM OVERVIEW- KS2						
Term	Autumn		Spring		Summer	
	Unit 1&2	Unit 3&4	Unit 5&6	Unit 7&8	Unit 9&10	Unit 11&12
<u>Class 3</u>	Invasion games – On the attack	Gymnastics	Forest school	Forest School	Swimming	Swimming
	Athletics	OAA	Dance	Games – net and wall	Target games - dodgeball	Striking and fielding- Rounders
	Unit 1&2	Unit 3&4	Unit 5&6	Unit 7&8	Unit 9&10	Unit 11&12
<u>Class 4</u>	Forest School	Forest School	Swimming	Swimming	OAA- Teamwork and Problem solving	Games - Net and wall - Tennis
	Athletics	Gymnastics	Dance	Circuit Training	Invasion Games- Rugby	Striking and Fielding Games - Rounders
	Unit 1&2	Unit 3&4	Unit 5&6	Unit 7&8	Unit 9&10	Unit 11&12

<u>Class 5</u>	Circuit Training	Gymnastics	Dance	Net ad Wall - Badminton	Running for speed and distance	OAA - Orienteering
	Invasion Games - Rugby	Athletics	Forest School	Forest School	Striking and Fielding Games - Rounders	Aerobics